



January 2024-December 2024

Parul Institute of Ayurved & Research is established under parent Parul University, with a vision to build a centre for excellence in education and practice of Ayurveda, to preserve, nurture and propagate the profound ancient wisdom of Indian system of medicine through quality teaching, training, medical care and research works. The Institution aims at transforming the science of Ayurveda through quality education, selfless service to the society with a truthful motto. This Institution was permitted in the year 17.11.2017 by ministry of AYUSH, GOI, New Delhi for intake of admission of 100 students. Institute is focusing on academic, cultural, social and research activities.

Potentials, skills of the student will be identified by the teacher and accordingly they will be motivated and guided for academic, co-curricular activities etc. our Institute concentrate on Social service under NSS by conducting rural health awareness programme, Swachata Abhiyan along with involvement of students in such activities. Culture has got significant role in the development of students personality, by keeping this in view, Institute motivates students to participate in various cultural programmes. To preserve the tradition, we celebrate Ganesh Chaturthi, Independence Day, Republic Day.

Khemdas Hospital, teaching hospital of Parul Institute of Ayurved has been accredited by NABH (National Accreditation Board of Hospital) from 27th October 2018 and reaccreditation for the 3rd cycle was received on 27th October 2024. The teaching pharmacy is also developed nicely and able to manufacture its own products.

By arranging medical camps Khemdas Hospital has extended the health service in 64 nearby villages and around 12632 number of beneficiaries. Feedback of health seekers of these above camps was very good.

As a part of faculty development programmes, the Institution has organised pedagogy session, various Webinars, Awareness Programmes and Guest Lecture. Details are as below:

Awareness Programme

1. Cervical Awareness Talk 2024 was organised by Dept. of Prasuti Tantra & Stri Roga,
 - a. Guest Lecture on topic of "Cervical Cancer- Prevention & Treatment Modalities" by Dr. Rajalakshmi Ravindran, Associate Professor and HOD, PTSR dept, IIAR&H, Rajkot, Gujrat on 9.1.2024



2. National Tobacco Day – Guest webinar on topic Tobacco Toxicity and its awareness was delivered by Dr Arya Subhash on 24.6.24 conducted by Dept of Agadtantra,
3. Women Development Cell, Parul University on World Woman’s Day -Parul Institute of Ayurved & Research organised The Bone Health Awareness session and Free Bone Mineral Density (BMD) screening for female faculties and female students.

Seminar / Workshop / CEP

1. Parul Institute of Ayurved & Research organised Workshop on Stanyaparvam on 6.8.2024.
2. Parul Institute of Ayurved & Research and CCRAS organised Workshop on “Prakriti Parikshana - Hands on Training Workshop” on 14.3.2024 & 15.3.2024.
3. Parul Institute of Ayurved & Research and CCRAS organised Workshop on “Prakriti Parikshana - Hands on Training Workshop” on 18.4.2024 & 19.4.2024.
4. Parul Institute of Ayurved & Research and CCRAS organised Workshop on “Prakriti Parikshana - Hands on Training Workshop” on 1.5.2024 & 2.5.2024.
5. Parul Institute of Ayurved & Research organised Workshop on NABL training on 24.9.2024 to 26.9.2024.
6. Parul Institute of Ayurved & Research organised Workshop on PG Guide Training Program by NCISM on 11.7.24 to 13.7.2024.
7. Parul Institute of Ayurved & Research organised Workshop on Asthi Sandhi Vikar and Marma Therapy on 23.1.2024 to 24.1.2024.
8. Parul Institute of Ayurved & Research organised Workshop on Kshara Nirman Vidhi on 23.2.2024.
9. Parul Institute of Ayurved & Research organised Workshop on ANUSHASTRAM 2024 National Workshop on “Vidhha Karma” on 20.12.2024.

Orientation Programme for Students:

1. Transitional Curriculum - 15 days orientation programme was organised for the first Year BAMS students (2024-25 Batch). They were sensitized for the academic year with the introduction to the AYUSH system of medicine as per NCISM Guidelines.
2. Orientation programme of three days was organised for the Second Year BAMS students (2022-23 Batch). Sensitization of students for the new academic year with introduction to the subjects was given to Students. It was held from 20.8.24 to 22.8.24. The programme was coordinated by respective Class Coordinator.



Celebration:

1. **Shishyopanayana Samskara** along with Dhanvantari Homa was organized on for first year BAMS Students and Pg Students (2023-2024)
2. Department of Dravyaguna Vigyan celebrated the eve of **World Environment Day 2024**, by plantation of saplings of different medicinal plants and Oath taking on 05.06.2024.
3. **International Yoga Day** was celebrated by the Department of Swasthavritta &Yog by organising on 16.6.2024 - Yogasana Essay Competition and on 17.6.2024 - Yogasana Photography Competition.
4. **World Blood Donor Day 2024** was observed on 14.6.2024 – Blood donation camp and Poster Presentation Competition was organised by Department of Kriya Sharir.
5. **National Doctors Day 2024**, was observed on 01.07.2023 & 03.07.2023 by student council, in Parul Institute of Ayurved and Research. The event consisted of:
 - a. Felicitation to students and consultants for their dedication in work.
 - b. Indoor games for teachers
6. **“Charaka Jayanti”** was celebrated on 10.08.2024 by the Department of Ayurveda Samhita & Siddhanta by arranging FDP Samhita Reading why and how? By Dr Rakesh Salve on 10.8.2024.
7. **Teachers Day** celebration was organized by the institution on 05.09.2024. Dr. Prashant Patil, Dr Sarat Vasudev was felicitated with Best Teacher Award for their dedication towards the students.
8. **World Organ Donation Day** was celebrated by Department of Rachana Sharir by organizing Sharir- Artventure National level anatomical drawing competition in June 2024.
9. **World Piles day** is observed from 20.11.2024 to 20.12.2024 by Department of Shalya Tantra with following events:
 - a. Free Medical checkup camp for Piles patients at Khemdas Hospital, Ishwarpura, Vadodara for 1 month.

Guest Lecture: Total of **38** Guest Lectures were organised.

1. Department of Agadtantra organised a Guest lecture on topic research Areas in Agadtantra by Dr Kundan Meshram on 20.2.24.
2. Department of Agadtantra organised a Guest lecture on topic Role of Agadtantra in Oncology by Dr Shrihas Pagare on 19.7.24.



3. Department of Dravyaguna organised a Guest lecture for UG students on topic ADR & Pharmacology by Dr Kavya Nagarajan on 20.12.24.
4. Department of Dravyaguna organised a Guest lecture for PG students on topic Importance of Pharmacology in Clinical Practice by Dr Hirni Patel on 9.10.24.
5. Department of Kayachikitsa organised a Guest lecture on topic Skin disorders and their classical management by Dr Jithinraj R S on 13.11.2024.
6. Department of Kayachikitsa organised a Guest lecture on topic Management of Shwasa by Dr Lakshmiprasad L Jadhav on 31.12.2024.
7. Department of Kriya Sharir organised a Guest lecture on topic Basic Principles of Kriya Sharir & Scope for Research by Dr Nagaraj Kamath on 25.1.2024.
8. Department of Kriya Sharir organised a Guest lecture on topic Introduction & Applied Aspects of Cell-Line Studies by Dr Girish Babu K on 20.2.2024.
9. Department of Kriya Sharir organised a Guest lecture on topic Thrust Areas of Research in Kriya Sharir by Dr Kiran Tawalare on 11.7.2024.
10. Department of Kriya Sharir organised a Guest lecture on topic Study of Dhatu Karma and Clinical Application on 27.7.2024.
11. Department of Kriya Sharir organised a Guest lecture on topic Cell Physiology by Dr Sarita Ohol on 2.12.2024.
12. Department of Panchakarma organised a guest lecture on topic Utility of Physiotherapy in Pachakarma Practice by Dr Drashti Kotak on 10.1.2024.
13. Department of Panchakarma organised a guest lecture on topic Introduction to Research for PG Scholars by Dr Nandakishor Umale on 22.8.2024.
14. Department of Panchakarma organised a guest lecture on topic Different methods of Shodana Chikitsa by Dr Pramod M on 16.11.2024.
15. Department of Prasutitantra and Streerog organised a guest lecture on topic Girl Child Emerging Eras of Invention by Dr M N Parmar on 3.2.2024.
16. Department of Prasutitantra and Streerog organised a guest lecture on topic Polycystic Ovarian Disease by Dr Rita Parikh on 27.9.2024.
17. Department of Rognidan organised a Guest Lecture on the topic Implementation of real time health monitoring program and diagnosis system using Nadi Vigyan by Mr. Devendra Patel on 29.3.2024.
18. Department of Rognidan organised a Guest Lecture on the topic Basic Pathology for UG by Dr Deepali Parmar from 6.2.24.to 23.2.24.
19. Department of Rognidan organised a Guest Lecture on the topic Microbiology by Ms Krishna Mohan from 10.8.24 to 9.10.24.
20. Department of Rasashastra and Bhaishajyakalpana organised a Guest Lecture on the topic Standardization of Aushadhi Kalpana by Dr Rakesh Brahmkankar.

21. Department of Rasashastra and Bhaishajyakalpana organised a Guest Lecture on the topic Kupipakwa Kalpana – Rasasindhoor Nirman by Dr Arathi Ganesh.
22. Department of Rasashastra and Bhaishajyakalpana organised a Guest Lecture on the topic Standardization of Bhasma Kalpana with Special reference to Vajra Bhasma by Dr Kajal Patel.
23. Department of Rachana Sharir organised a Guest Lecture on the topic “Garbha utpadak samagri” by Dr Shyny Thankanchan, on 3.5.2024.
24. Department of Rachana Sharir organised a Guest Lecture on the topic Cervical Vertebrae a problem based analysis by Dr Vishnu Damodar on 3.5.2024.
25. Department of Rachana Sharir organised a Guest Lecture on the topic “Concept of Marma sharir in current scenerio” by Dr Jyoti V on 5.6.2024.
26. Department of Rachana Sharir organised a Guest Lecture on the topic Sandhi Sharir by Dr Sakshi Waghmare, on 19.7.2024.
27. Department of Rachana Sharir organised a Guest Lecture on the topic Nerve plexus and it's clinical importance by Dr Premanand Bhalerao on 27.7.2024.
28. Department of Rachana Sharir organised a Guest Lecture on the topic Embyology and it's clinical importance by Dr Premanand Bhalerao on 27.7.2024.
29. Department of Rachana Sharir organised a Guest Lecture on the topic Nervous System – Spinal Cord by Dr Siddharth Roy on 22.11.2024
30. Department of Rachana Sharir organised a Guest Lecture on the topic Development of Nervous System by Dr Siddharth Roy on 22.11.2024
31. Department of Rachana Sharir organised a Guest Lecture on the topic Foramens of Skull by Dr Girish Kulkarni on 30.11.2024.
32. Department of Rachana Sharir organised a Guest Lecture on the topic Skull by Dr Girish Kulkarni on 30.11.2024.
33. Department of Shalyatantra organised a guest lecture on the topic Kshara Nirman Vidhi by Dr M D Samudri on 23.2.2024.
34. Department of Shalyatantra organised a guest lecture on the topic Medical emergency and assessment in surgical practice by Dr Sanjay Trivedi on 21.3.2024.
35. Department of Shalyatantra organised a guest lecture on the topic Possibilities and scope in Ayurveda by Dr Narayan Shahane on 30.11.2024.
36. Department of Shalyatantra organised a guest lecture on the topic Advances in Ayurvedic surgeries by Dr Pankaj Dixit on 4.12.2024.
37. Department of Shalyatantra organised a guest lecture on the topic Viddhakarma in musculoskeletal disorders by Dr Amol Bansode on 21.12.2024.
38. Department of Shalakyatantra organised a guest lecture on the topic Ayurvedic Management of Netra Roga with Kriyakalpas by Dr B.G.Gokulan on 5.10.2024.

Webinar:

Total of **30** Webinars were organised.

1. Department of **Agada Tantra**, organized
 - a. webinar on the Role of Ayurved and Oncology by Dr. Anjali Sanjeev on 03-01-2024.
 - b. Webinar on topic Ethics in medical profession by Dr. Rahul Arsude on 16-3-24
 - c. Webinar on topic Law in Medical Practice by Adv Shripad Ramchandra Anigol on 22-04-2024
2. Department of **Ayurveda Samhita & Siddhanta**, organised a webinar on
 - a. Utility of Tantrayukti in understanding and interpretation of Samhita by Deepa LS on 29.2.2024.
 - b. Nadi Vigyan a scientific approach towards clinical skill by Dr Madhav Patade on 20.9.2024.
3. Department of **Kayachikitsa**, organized webinars on the topic “Hypothyroidism – Ayurvedic perspective” by Dr. Meghana K A on 12.7.2024.
4. Department of **Kaumarabhritya** organized webinar on the topics:
 - a. Concept of Balagraha in Today's Perspective by Dr Harish Kumar Singhal on 9.7.2024.
 - b. Ayurvedic Management of Cerebral Palsy by Dr Ragamala K C on 1.10.2024.
5. Department of **Panchakarma** organized webinar on the topics:
 - a. Introduction to Medical Astrology by Dr Atul Pawar on 1.5.2024.
 - b. Applied aspect of Vamana by Ranjit Kumar Das on 16.6.2024.
 - c. Understanding Marma & its Relevance in Panchakarma Procedures by Dr Santhosh Kumar Vishwakarma on 31.7.2024.
 - d. Samsarjana Karma & Its Practical Utility by Dr Kadambari PB on 30.9.2024
6. Department of **Prasuti Tantra & Stree Roga** organized webinar on the topics:
 - a. Infertility – from Classics to Clinics by Dr Anuradha Roy on 18.6.2024.
 - b. Clinical Importance of Rajaswala charya by Dr Hetal Dave on 22.7.2024.
7. Department of **Roga Nidana & Vikruti Vigyan** organized webinar on the topics:
 - a. Introduction to Pareeksha by Dr Chaitanya P R on 13.2 2024
 - b. *Hetu Vivechan* and it's role in manifestation of *Vyadhi* by Dr Chinatankumar G Malakiya on 6.5.2024





- c. Critical Analysis of Nidana Panchaka of Jwara by Dr Mahesh Hirulal on 29.6.2024.
 - d. Understanding of Kamala with contemporary Science by Dr Sathish G I on 31.7.2024
 - e. Nidana Panchaka of Sthotha by Dr Radhika Rani V on 29.8.2024.
 - f. *Nidana Panchaka of Rajayakshma by Dr Rijin Mohan on 1.10.2024.*
8. Department of **Shalya Tantra**, organized webinar on the topics:
- a. Hirudinotherapy by Dr Monica Sreshtha on 29.6.2024.
 - b. Ayurveda Surgical Procedures and Patient consent - In the Law and Classical Theory by Dr Gajiram Banothe on 4.11.2024.
9. Department of **Swasthavrutta** organised webinar on the topic “The Role of Astang yoga in promoting social Health” by Dr. Vipul C. Patil , Associate Professor, Dept. of Swasthavritta, OH Nazar Ayurved College, Surat.
10. Department of **Dravyaguna** organised webinar on topics:
- a. Understanding of Sapta Padartha by Dr Sonia Dhiman on 9.2.24
 - b. First line of drug – Ayurvedic and Contemporary by Dr. Swagata Tawarhare on 12.7.24
11. Department of **Kriya Sharir** organised Webinars on topics:
- a. Nadi Pariksha – Basic Introduction by Dr M V S Kesava on 21.2.2024
 - b. Assessment Methods for Dosha Vruddhi-Kshaya Lakshana by Dr Shilpa K Ingle on 20.3.2024.
 - c. Physiology of Respiratory System by Dr Sarita Ohol on 6.7.2024.
 - d. General Endocrinology with Thyroid by Dr Prashanth T R Kekuda on 27.9.2024.
12. Department of **Swasthavritta & Yog** organised webinar on topic Role of Yoga in Public health by Dr Prasad Deshpande on 20.6.2024.

Faculty Development Programme:

As a part of Faculty Development, pedagogy sessions are been organised once in every week. Also organised

1. Basic neonatal Resuscitation Programme organised by Department of Kaumarbritya on 18.2.2024.
2. Training Program on IPR organized by Department of Rasashastra and Bhaishajya kalpana on 17.9.2024 to 18.9.2024.



3. Samhita Reading why and how? Organized by Department of Samhita Siddhant by Dr Rakesh Salve on 10.8.2024.

Ongoing Sponsored Research Project:

Government funded Research Project: (3)

| SR NO | TITLE OF PROJECT | NAME OF PI & CO-I | SANCTIONED BY |
|-------|---|--|-------------------------------|
| 1 | Pharmaceutical analytical Comparative effect study of Rajat bhasma prepared by Classical method and market available silver nano particles for Neuro- protective activity, in vitro & in vivo study | PI: Dr Prasanna Mathad CO-I: Dr Rakesh B Dr Tanvi Dayanand | GSBTM Govt of Gujarat |
| 2 | A clinical study on tolerability, treatment adherence and safety of an ayurvedic intervention – Punarnav Mandoor in the management of Iron deficiency Anemia: An open label single arm study. | PI: Dr Vaishali Deshapande CO- I Dr B G Kulkarni Dr Divya B | CCRAS – Smart New Delhi |
| 3 | Effectiveness Ayush Osto (Coded ayurvedic formulation) in the post-menopausal women in osteopenia – A prospective single arm multicentric study | Dr Shivani Gavande | CCRAS – Smart |

CCRAS –Spark Project completed (2)

| SL.NO | NAME OF STUDENTS | MENTOR | TITLE |
|-------|------------------|----------------------|---|
| 1 | Ms. Tanvi Patel | Dr Prasanna Mathad | To evaluate the effect of polyherbal anti-inflammatory plaster in the management of inflammation of Knee Joint |
| 2 | Ms.Nirali Ojha | Dr Hrishita Dehilkar | Evaluation of vatahara property of Herbo mineral Nano compound in Ashtimajagata vata in middle age women wrst to inflammatory markers |

Ongoing Sponsored Clinical Trials: (1)

| Sl.no | Name of PI | Title of Project | Sponsoring Agency |
|-------|------------------------|--|-------------------|
| 1 | Dr Vaishali Deshapande | Evaluation of Efficacy and safety of Aptivate syrup in | Lupin |

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| | | children with nonspecific Anorexia – An open labelled, randomized, comparative, multicentric, interventional prospective clinical study | |
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Ongoing IMR Projects (3)

| Sl.no | Name of PI and CoPI | Title of project |
|-------|---------------------------|---|
| 1 | Dr Sreevisakh T S | An interventional study to evaluate the domino effect of Priyala modaka syrup in the management of grade 1 & 2 Undernourished children |
| 2 | Dr Abhilesh Dr Parvati | Effect of classical Virechana (Purgation therapy) an AntiMullerian Hormone and ovulation as a preconceptional care – A pilot study |
| 3 | Dr Anagha Mathad | An effect study to evaluate the subjective cooling effect of Dahaprashamana Bidalaka Hydrogel on the eyes and on Ocular Surface Temperature |

STUDENT CORNER:

| Sr. No | Email.id | Innovator Name | Institute Name | Startup Idea Title |
|--------|------------------------------------|-----------------|---|---|
| 1 | niralioza300903@gmail.com | Nirali oza | Parul Institute of Ayurved and Research | Evaluation of vatahara property of the Herbomineral Nano compound in Asthimajagata vata with special reference to inflammatory marker - A pilot study |
| 2 | 210243101034@paruluniversity.ac.in | Isha kela | Parul Institute of Ayurved and Research | Essential pregnancy kit for needy mothers! |
| 3 | chandnidav000@gmail.com | Dr. Chandni dav | Parul Institute of Ayurved and Research | Migra_band |
| 4 | bgambika@gmail.com | Bavana Gopinath | Parul Institute of Ayurved and Research | An innovative approach of Ayurvedic Muco-adhesive buccal patches as a solution for Post-chemo and |

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| | | | | Apthous Ulcers |
| 5 | karthika28arumugam@gmail.com | Karthika.A | Parul Institute of Ayurved and Research | Groundbreaking Ayurvedic Breakthrough: “ First ever trial of pupil Dilator, pioneering a safer alternative to modern drugs” |
| 6 | 210243101092@paruluniversity.ac.in | Parmar jinsha | Parul Institute of Ayurved and Research | Shiro picchu and shiro basti |

FACULTY CORNER

Publication: Published **39** research & review articles. **Three** books.

List of Publications:

| Sr no | Name of Faculty | Department | Title | Journal |
|-------|---------------------------------------|--------------|--|--|
| 1 | Dr Prasanna Mathad, Dr Tanvi Dayanand | Rasashastra | Pharmaceutical Standardization of Rajata Bhasma (Incinerated Silver Ash) Prepared with Two Methods by Using Classical Heating and Muffle Furnace | Journal of chemical health risk |
| 2 | Dr Prasanna Mathad | Rasashastra | Antioxidant, Antimicrobial, Antidiabetic, Antiglycation, and Biocompatibility Potential of Aqueous Zingiber officinale Rhizome (AZOME) Extract | Angiotherapy |
| 3 | Dr Prasanna Mathad | Rasashastra | Experimental study of Pruthvisara taila in excised wound model in Wistar albino rats | International Journal of Advances in Medicine |
| 4 | Dr Prasanna Mathad | Rasashastra | An In Vitro Study for Evaluating the Antimicrobial Efficacy of Polyherbal Combination Against Escherichia coli in the Management of Mutrakrichra (Urinary Tract Infection) | Journal of natural remedies |
| 5 | Dr Arun Raj | Kaumarbritya | Ayurvedic Management Of Switra (Vitiligo) In Children: A Case Report | International Journal of Biology, Pharmacy and Allied Sciences |
| 6 | Dr Suvarna | Dravyaguna | Physico chemical and phyto chemical | Journal of |



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| | Meshram. | | analysis of herbomineral formulation | chemical health risk |
| 7 | Dr Naresh Kore | Kayachikitsa | In Vitro Evaluation of the Antiplatelet Activity of Paravat Shakrita | Annals of Ayurvedic Medicine |
| 8 | Dr Suwarna Meshram. | Dravyaguna | An Experimental Study To Evaluate Acute And Sub-Acute Oral Toxicity Of Ksharagada On Wistar Albino Rats | International Journal of Biology, Pharmacy and Allied Sciences |
| 9 | Dr Suwarna Meshram. | Dravyaguna | Pharmaceutical Analysis Of Ksharagada - A Poly Herbal Anti-Toxic Formulation | International Journal of Biology, Pharmacy and Allied Sciences |
| 10 | Dr Prasanna Mathad | Rasashastra | Effect of Haridra Dhoopanaa Varati in management of Dust Vrana WSRT Chronic Wound —A Case Study | European Chemical Bulletin |
| 11 | Dr Prasanna Mathad | Rasashastra | Analgesic Effect Of Bhrahmi Ksheerpaka In The Management Of Ureteric Colic-A Case Study | European Chemical Bulletin |
| 12 | Dr Nimesh P Sangode, Dr Ravi Joshi, Dr B G Kulkarni | Rachana Sharir | Prusthagata Marma: A Metasynthesis Of Structural Anatomy Of Vital Points On Back Of Human Body According To Ayurveda | African Journal of Biomedical Research |
| 13 | Dr Ravi Joshi, Dr B G Kulkarni | Rachana Sharir | An Observational Pilot Study to Evaluate Per Day Consumption of Table Salt in Apparently Healthy Volunteers of Vadodara | African Journal of Biomedical Research |
| 14 | Dr Ravi Joshi | Rachana Sharir | Literary Research on the Therapeutic and Anatomical Significance of Marma in Ayurved Tradition | African Journal of Biomedical Research |
| 15 | Dr Ravi Joshi | Rachana Sharir | Assessing The Impact Of Technology Use On Physical And Mental Health: A Comprehensive Survey Analysis | African Journal of Biomedical Research |
| 16 | Dr Ravi Joshi | Rachana Sharir | Achieving Glycemic Control: A Case Study Of Hba1c Reduction Through Ayurvedic Medicine, Diet Control, Exercise, And Nabhi Marma Stimulation Via Mandukasan | African Journal of Biomedical Research |
| 17 | Dr Prasanna | Rasashastra | A Double-blind, Randomized Controlled | Pharmacognocny |



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| | Mathad | | Study of Triterpenoids based Standardized Gotu Kola Leaves Extract in the Patients with Tension Type Headache | journal |
| 18 | Dr Prasanna Mathad | Rasashastra | Antibacterial activity of gambhariyadi yoga hypothetical view | International Journal of Biology, Pharmacy and Allied Sciences |
| 19 | Dr Prasanna Mathad | Rasashastra | Comparative Cytotoxicity Of Curcuma Longa And Elettaria Cardamomum Extracts Conjugated With Green-Synthesized Mgo Nanoparticles On Pbmcs: Enhanced Efficacy Of Elettaria Cardamomum | Rasayan Journal of Chemistry |
| 20 | Dr Prasanna Mathad | Rasashastra | Investigation On The Impact Of Swimming On Children With ADHD | Multidisciplinary Science Journal |
| 21 | Dr Prasanna Mathad, Dr Anagha Mthad | Rasashastra, Sanhita siddhant | Pilot Study On "Tila Prashamsa" A Unique Method Of Administration Of Tila (Sesame) Seeds In Vatagata Vikara With Special Reference To Sweda Vidhi Manuscript. | International Journal of research and analytics |
| 22 | Dr Prasanna Mathad | Rasashastra | Antibiotics In Livestock Production: A Comprehensive Examination Of Usage, Resistance, And Regulatory Imperatives For Enhanced Oversight | Revista electrónica de Veterinaria |
| 23 | Dr Shivani Gavande | Kayachikitsa | Effect Of Trayodashanga Guggul Followed By Lodhra, Arjun, Haridra Kashaya Yoni-Dhavan And Paribhadra Taila Yoni-Pichoo On Yonigat Dushta Vrana With Special Reference To Premalignant Lesion Of Cervix. | NATURALISTA CAMPANO |
| 24 | Dr Navoday Raju | Kriyashareer | Evaluating The Influence Of Various Forage Plant Varieties And Concentrate Additives In Milk Production And Quality In Cows | Revista electrónica de Veterinaria |
| 25 | Dr Shivani Gavande | Kayachikitsa | Enriching Survival Of Calves: An Analysis On Managerial Procedures In Milking Farms | Revista electrónica de Veterinaria |
| 26 | Dr Tanvi D | Rasashastra | An In-Depth Assessment On Serum Acute-Phase Protein Variation In Healthy And Uterine | Revista electrónica de Veterinaria |

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| | | | Infection-Affected Cows | |
| 27 | Dr Naresh Kore | Kayachikitsa | Comparative Assessment Of Critical Prepartum And Postpartum Reproduction Challenges Among Selected Dairy Farms | Revista electrónica de Veterinaria |
| 28 | Dr Bhavin Dhanavade | Dravyaguna | A Close Look At Equine Social Cognition: Working Horses And Their Responses To Familiar And Unfamiliar Humans | Revista electrónica de Veterinaria |
| 29 | Dr Navoday Raju | Kriyashareer | An In-Depth Review Of Sheep's Genetic Immunity To Gastrointestinal Parasitic Nematodes | Revista electrónica de Veterinaria |
| 30 | Dr B G Kulkarni | Rachana Shareera | Improving Diagnostic Precision For Cow Hypodermosis Via Analysis Of Medical, Abnormal, And Serologic Observations: A Critical Study | Revista electrónica de Veterinaria |
| 31 | Dr Tanvi D | Rasashastra | Melatonin Experiment: Exposing Its Effects On Goat Physiology In Warming Conditions | Revista electrónica de Veterinaria |
| 32 | Dr Anagha Mathad | Moulika siddhanta | Comparative Seroprevalence Analysis Of Paratuberculosis In Goats And Cattle: Insights And Implications | Revista electrónica de Veterinaria |
| 33 | Dr Suwarna Meshram | Dravyaguna | Physico Chemical And Phyto Chemical Analysis Of Herbomineral Formulation - Ksharagada | Journal of Chemical health risks |
| 34 | Dr B G Kulkarni | Rachana Shareera | Exploring Vaikalyakara Marma In Limbs: A Clinical Research Study With Emphasis On Kurpara Marmabhighat | Amnayiki |
| 35 | Dr Chandrakant Pawar | Shalya Tantra | Cutaneous Reaction Of Dashang Lepa And Its Ayurved Management - A Case Report | Indian Journal of Natural Sciences |
| 36 | Dr Shivani Gavande, | Kayachikitsa | Pharmaco- Analytical Study Of Shoolaprashamana Choorna -An Ayurveda Formulation | Advances in Bioresearch |
| 37 | Dr Arun Raj | Kaumarbritya | Ayurvedic Management Of Pureeshaja Krimi (Enterobius Vermicularis) In Children: Case Report | International Journal of Biology, Pharmacy and Allied Sciences |
| 38 | Dr Arun Raj | Kaumarbritya | Formulation And Standardization Of Harataladi Lepa – Ayurvedic Drug To Combat Switra (Vitiligo) In Children | International Journal of Biology, Pharmacy and |

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|----|-------------|--------------|---|--|
| | | | | Allied Sciences |
| 39 | Dr Arun Raj | Kaumarbritya | Clinical Study On The Effect Of Parnayavani Arka On Bronchial Asthma In Indian Children | International Journal of Biology, Pharmacy and Allied Sciences |

List of Books and chapters published: Three Books were published

| Sr. No. | Author's | Title of the Book/ Chapter Published | ISSN/ISBN/ DOI number of the proceeding | Name of the publisher |
|---------|------------------------|--|---|--|
| 1 | Dr. Arun Raj GR | Research Methodology & Medical Statistics for MD/MS Ayurveda preliminary | 9789393068569 | Chaukhamba Prakashan, Varanasi |
| 2 | Dr. Arun Raj GR | Research Methodology & Medical Statistics for BAMS | 9789393068941 | Chaukhamba Prakashan, Varanasi |
| 3 | Dr. Milind Chatrabhuji | विद्यावर्धनम् : A Guide Book for Success in NTET (National Teachers' Eligibility Test) | ISBN-13 9789334029871 ISBN-109334029870 | Self-published (Dr. Milind Chatrabhuji) |

Presentations: 8 faculties have presented paper in various seminars held in Parul University and outside the Parul University.

CME: 2 faculties have attended CME for teachers in organised by various colleges sponsored by RAV, New Delhi and other short term courses and training programmes.

Achievements:

Awards:

1. Dr. B.G. Kulkarni, Principal, PIAR (Ayurved) received PU Pride award for Best Employee by Parul University.
2. Dr Sariput Bhosikar – Professor, Dept of Agadatantra received Best Teacher National Award in Agadatantra (PG) - ATACON -24 (18/08/24)
3. Dr. Naresh Kore- Bhisakvisharad award- 08-06-2024
4. Dr. Vaishali Deshpande- Bhisakvisharad award- 08-06-2024
5. Dr. Tarangna Gamit- Bhisakvisharad award- 08-06-2024



6. Dr. Malavika B- Bhisakvisharad award- 08-06-2024
7. Dr. Prachi Vishwakarma - Bhisakvisharad award- 08-06-2024
8. Dr Dinesh Patil – Award in Academic & Research Excellence on 5.9.2024
9. Dr Divya B – Award in Academic & Research Excellence on 5.9.2024
10. Dr. Prashant Patil Best Teachers Award on Teachers Day Celebration held at the Institution.
11. Dr. Shailesh Jaiswal - Research paper presentation – Best Paper presentation award on topic An open label single group proof of concept study to evaluate the safety and efficacy of Arsha kit – a 7day kit in the management of fissure in ano at World Ayurved Conference, Deharadun, 12.12.2024 to 15.12.2024.

Resource Person: 21 faculties were invited as resource person in various events held outside Parul University.

1. Dr. B.G. Kulkarni, Principal , Parul Institute of Ayurved & Research Delivered Guest Lecture as a Resource person in:
 - a. Guest lecture at National conference of neuroanatomy and neuro physiology on 24.5.2024.
 - b. As External in PhD. Viva Examination, NIA, Jaipur, 11.11.2024
 - c. Guest lecture at Transitional curriculum 2024 UG batch, Krishna Ayurved medical college, Vadodara, Gujarat on 15.11.2024
 - d. Guest lecture at Transitional curriculum 2024 UG batch, CSMSS Ayurved college, Sambhajinagar Maharashtra on 23.11.2024.
2. Dr. Sariput Bhosikar, Professor & Head, Department of Agadtantra, was invited as
 - a. Resource Person in Transitional curriculum on 04-12-24, topic - Ayurveda national and International reach; Higher education in Ayurveda Online mode – at K D Shendge Ayurved college, Omerga, Osmanabad.
 - b. Guest lecture at Eve college of Ayurved, Supedi, Gujarat, on topic – Agadtantra perspectives on Hepatotoxicity on 28.12.24.
3. Dr. Mariya Husain, Professor, Department of Kriya Sharir, was invited as Resource Person in:
 - a. Delivered Guest Lecture on “Importance of Physiology in Ayurvedic Practice” at Parul Institute of Ayurved , Faculty of Ayurved, Parul University on 27.11.2024
 - b. Delivered webinar on An Overview on Hemopoiesis, Blood group and their applications held on 26.12.2024.
4. Dr. Nimesh Sangode, Professor, Department of Rachana Sharir was invited as



- a. Resource Person in Guest lecture on Importance Of Technology In The Field Of Ayurveda (Ug & Pg Batch) on 8.5.2024
 - b. As a Co-Chairperson in 6th National Conference Atacon 2024 New horizons in Ayurveda 17.8.2024.
 - c. Delivered Guest Lecture on Peritoneum at PIHR, Parul University, on 12.9.2024.
 - d. As an external examiner in UG viva-practical at Govt. Aurveda mahavidhyalaya, Vadodara, on 30.9.2024.
5. Mr. Tejaskumar Vyas was invited as resource person for a Guest lecture organised by Jay Jalaram Ayurvedic Medical College, Godhra, Gujarat on 26.11.2024.
 6. Dr. Malavika B, Assistant Professor, Dept. of Kayachikitsa, was invited as a resource person on topic Psycho-oncology at K J Institute of Ayurveda and Research, Savli, Gujarat on 5. 2. 2024
 7. Dr. Vaibhav Biradar, Professor, Department of Kriya Sharir was invited as resource person for a Guest lecture on topic Introduction to Kriya Sharir organised by Jay Jalaram Ayurvedic Medical College, Godhra, Gujarat on 26.11.2024.
 8. Dr. Naresh Kore, Professor, Department of Kayachikitsa was invited as resource person for a Guest lecture on topic Introduction to Kriya Sharir organised by Jay Jalaram Ayurvedic Medical College, Godhra, Gujarat, on 3.12.2024
 9. Dr. Arunraj G R, Associate Professor, Dept. of Kaumarabhriya, invited for Guest Lecture at National level CME organized by Dept of Kaumarabhriya Govt Ayurveda College Kannur, Kerala on 6.8.24.
 10. Dr. Bhavin Dhanawade, Associate Professor, Dept. of Dravyaguna, invited for Guest Lecture organised by Government Ayurved College, Vadodara on topic Chronology of converting an idea into sustainable model of entrepreneurship and exposure to the methodology of Copyrights/Patents on 30.7.24.
 11. Dr Divya B, Associate Professor, Dept of Panchakarma was invited
 - a. For a guest lecture on Medical Management of Urolithiasis in Himalaya Doctors Meet, Vadodara on 26.6.2024.
 - b. Podcast on Geriatric care by Ananda Clinic on 21.9.2024.
 12. Dr Manjusha Karkare, Professor, Dept of Prasutitantra & Streerog was invited as
 - a. Resource Person At CME Paprola in Feb 2024.
 - b. Chairperson For Paper Presentation, Sushrutee in May 2024.
 - c. Convener On Laproscopy Workshop in May 2024.
 - d. Judge At Poster Presentation Competition, PIHR in Oct 2024.
 - e. Resource Person, CME BHU in Dec 2024.



- f. WAC Paper Presentation, Dehradun, on Topic Clinical Study To Evaluate The Effect Of Menocamp Tablets In The Treatment Of Primary Dysmenorrhea, Dec 2024
- g. Chairperson At Paperpresentation, WAC, Dehradun, Dec 2024.
13. Dr Abha L Ravi, Associate Professor, Dept of Prasutitantra & Streerog was invited as
 - a. Resource Person, Webinar By Diksha Academy, 24.11.2024
 - b. Resource Person Webniar, Vatiki Yonivyapad by Ires on 28.12.2024.
14. Dr Amit Upasani, Professor, Dept of Ayurved Samhita Siddhant was invited for a guest lecture at Paramadara -2, Gandhinagar, Gujarat on 27-28.4.2024.
15. Dr. Ravi Joshi, Associate Professor, Department of Rachana Sharir was invited as an external examiner in PG viva-practical at J S Ayurved College, Nadiad, Gujarat.
16. Dr. Megha Jadhav, Assistant Professor, Dept of Shalyatantra, was invited as a Chairperson in the scientific session at Ayur Fest Ayurviarsha Shalya Prabodhini 2024 – International Pre-Conference Webinar at Parul Institute of ayurveda Parul University on 11.11.2024.
17. Dr.Akhi Radhakrishnan, Assistant Professor, Dept of Shalyatantra, was invited as a guest speaker on topic Medical management of Ano-rectal Diseases on 26.7.2024.
18. Dr. C S Pawar, Professor, Dept of Shalyatantra, was invited as a Resource person on BLS training for UG Students, PIHR, on 29.11.2024 & 30.11.2024.
19. Dr Shailesh Jaiswal, Associate Professor, Dept of Shalya Tantra, PIAR invited as
 - a. Resource person at Ayush India Expo an international exhibition and seminar on topic Anorectal Diseases at Arena eka club, Kankariya, Ahmedabad on 13.7.2024.
 - b. As Jury expert at National Healthcare Skills Conclave on 4.3.2024 & 7.3.2024.
 - c. Guest lecture delivered on topic Urological disorders and Uttarbasti on 18.10.2024.
20. Dr Khemchandra Mahajan, Professor, Dept of Shalakyatantra, was invited as a jury Surgery-Symposium on 16.12.2024.
21. Dr. Rahul Jadhav, Professor, Dept of Swasthavritta &Yog was invited as
 - a. Guest Lecture on topic Therapeutic Diet at Parul Institute of Applied Sciences, Parul University on 16.10.2024.
 - b. Guest Lecture on topic Therapeutic application of Yusha and Yavagu at Padam Dungari, Surat (Organized by GAU, Jamnagar) on 21.9.2024.




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